

## Growth Mindset Lesson Plan

**Objective:** The student can identify ways to accomplish their goals without quitting.

**Steps:**

1. To start, we'll begin our lesson with a video called "Sesame Street: Janelle Monae- Power of Yet". Then, we'll have a class discussion on things students feel like they can't do and things they feel like they can do. The teacher will write these things on chart paper. After the discussion, the students are given their own "I Can" paper. On the paper, the students will write three things that they can do and one thing that they can't do yet.
2. After each student has completed their "I Can" paper, we'll have students break into pairs. In each pair, partners will brainstorm ways to accomplish their "I Can't Yet" goal. Once students have brainstormed in their pairs, they'll share their "I Can't Yet" goal with the class, and their classmates will add ways to accomplish the "I Can't Yet" goal.
3. Then, the teacher will read "The Dot" by Peter Reynolds to the students while discussing events from the story.
4. After reading the story, the students will be given a piece of blank paper to make their own mark and asked to sign the paper. As a review, the students will be given the choice to improve on their dot/mark over a week's period.
5. We'll then challenge each student to apply the "yet" concept to daily tasks.

**Product:** "I Can" Worksheet, "The Dot" Art Project

**Other Resources for Reviewing Growth Mindset with Students:**

"Sesame Street: Don't Give Up" (YouTube)

"Sesame Street: Will.i.am: What I Am" (YouTube)

"Try Everything" by Shakira

*Beautiful Oops* by Barney Saltzberg

*Everyone Can Learn to Ride a Bicycle* by Chris Raschka

*Whistle for Willie* by Ezra Jack Keats

*How to Catch a Star* by Oliver Jeffers

*A Splash of Red: The Life and Art of Horace Pippin* by Jen Bryant





