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| **Fixed Mindset** | **Growth Mindset** |
| I’m just not naturally good at this. |  |
| This is too hard. |  |
| I’m naturally awesome at this! |  |
| I give up. |  |
| I’ll never be a smart as her. |  |
| I failed. Guess I’m not meant for this. |  |
| I‘m just not good at science. I get it from my parents. |  |
| I’m not good at tests like the ACT. |  |

