Growth Mindset Lesson

Bourbon County Leadership Academy

Prepared by Melissa Hamilton, Kayla Hatton, and Rob Miller

# OVERVIEW & PURPOSE

Make challenge the new comfort zone. Teaching students and teachers to love and embrace the struggle of solving difficult problems.

# SUMMARY

* We should not run to the aid of a child who is struggling, we should step back and allow them to try. Only offer assistance if it gets to the point of frustration.
* Getting lots of easy problems correct should not be a cause for celebration.
* "Easy" means that you're not learning as much as you could, so lessons should not contain content that the students already know.
* We want students to ask for more challenging work.

# MATERIALS NEEDED

1. Device with Internet access
2. Growth Mindset Coach Book

# ACTIVITY

1. Read pages 156-157 in the Growth Mindset Coach book
2. Decode the puzzles to crack the case
3. Explore southworthgrowth.com until everyone is finished
4. Watch [Carol Dweck on Struggle](https://www.teachingchannel.org/videos/embracing-struggle-exl) from Teaching Channel

# LINKS

[Google Forms Activity](https://docs.google.com/forms/d/e/1FAIpQLSdrIjUr3wTzacQ0SlC3MQFQjFdmQ2oRDefz91iHtpyfRTDAXQ/viewform?usp=sf_link)

[Activity Answer Sheet](https://docs.google.com/document/d/1sWJRZrNVVWO1CoV8yTdJwv_9PIgzK6bn8if3w3Mlwy0/view?usp=sharing)