

## Growth Mindset Framing Tool

In order to create a safe classroom environment where all students are willing to take on challenges and push themselves, it is important to make the focus on learning clear, make it safe to make mistakes, and communicate a high confidence in all students' ability to rise to the learning challenges. Use the following statements when introducing a new topic, concept, skill, or assignment in class:

### For Communicating a Learning Goal

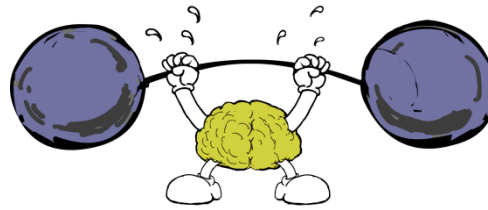
- New material is an opportunity for all of us to stretch our abilities!
- Today, your brain will get stronger.
- I am hoping that you all do not know this already; I wouldn't want to waste your time!
- I really want us to stretch beyond our comfort zone on this!
- After you do this, I'm going to ask everyone to share one mistake and what you learned, so we can all learn from it.
- I'd like everyone to share one thing that is really confusing, at this point, with their partner.
- The point of the lesson is learning; I want to know what parts are unclear so we can all meet our learning target.
- Today's target for learning is [x learning objective.] Tomorrow, we will continue our work and take a deeper dive by working on [y learning objective].
- I do not expect you to know this already. I am here to help you learn challenging material.
- Today, I want you to challenge yourself. Stretch to learn this challenging material.
- This is very dense and challenging material. You may not understand all of it right away, but I want you to give it a first try.
- This is just the first draft—you'll have lots of chances to improve it.
- I want you to push yourselves to tackle this concept.
- You won't be graded on this—it's a risk-free zone!
- We're in the learning zone today. I expect you to make a lot of mistakes because mistakes are normal when we're learning new things.
- This is a very challenging task. I want you to try, even if you think you won't get it right. I'm not looking for right answers; I'm looking for risk-taking.
- We'll be firing a lot of neurons today while we learn, and we may not make all the necessary connections to understand this material, and that's OK. We'll get there.

### For Communicating High Expectations

- I know that you all have the ability to learn this, so I have set the bar high.
- This will be a challenging concept to learn, but all of us can reach the goal.
- If you begin to get frustrated, be sure to communicate with me about your progress so I can provide support to you. I am confident you can learn this with the right support.
- I am going to push you all because I know that you can all achieve amazing work!
- Our classroom is a place for everyone to learn challenging material. I am here to help you meet that goal.
- I expect you to make mistakes when you try hard things! This is challenging, but rewarding!
- This may be difficult right now, but as you learn more, it will become easier.
- When you master this learning, you can be proud of yourself, because this isn't easy.
- Here is my challenge for you. I know you can meet it. I want you to challenge yourself.
- I have seen you stretch and succeed in the past. Let's do it again.

# About Mindset Works

Mindset Works was co-founded by one of the world's leading researchers in the field of motivation, Stanford University professor Carol S. Dweck, Ph.D. and K-12 mindset expert Lisa S. Blackwell, Ph.D. The team translates psychological research into practical programs and services to help students and educators increase their motivation and achievement.



Visit [www.mindsetworks.com/free-resources](http://www.mindsetworks.com/free-resources) for more growth mindset resources, tools, articles, and lessons.

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